



divine
caroline™ *Life in your words.*

[Style](#) : [Unique You](#) : [Feeling Beautiful](#)



Easy Green Beauty Makeovers

<http://www.divinecaroline.com/article/22267/46697>

By: [Conscious Living TV](#) ([View Profile](#))

Ready to update your look? The new season is a perfect time to clean out your medicine cabinet and swap out that old, chemical-laden make-up bag for some of the hottest natural cosmetics on the market. Making the switch may require some effort (after all, it may be hard giving up *formaldehyde* in your nail polish) but it will keep your skin, hair, nails *and the planet* looking and feeling great! Here are a few tips to get started:

Sustainable Skin. Any make-up artist will tell you that flawless skin is the first step to creating beautiful make-up, so take care of the skin you're in by eliminating toxic chemicals from your daily regimen. For all skin types, try [Jurlique](#), whose biodynamically grown herb-based cleansers and tonics work with your body's natural rhythms to heal and balance the skin. Bonus: All of their products come in eco-friendly packaging. For maturing or aging skin, [Sophyto's](#) new line of organic skin treatments contain fruit enzymes that offer a more gentle exfoliation alternative to damaging acid peels and dermabrasion.